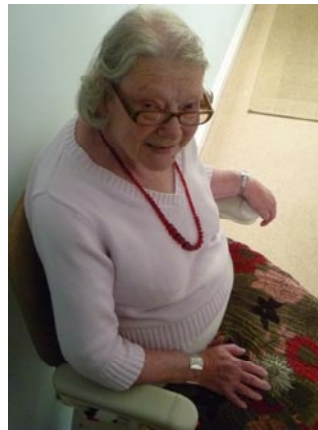




OCCUPATIONAL THERAPY SOLUTIONS



Contact:

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Health Professions Council Registration:
OT16887



OCCUPATIONAL THERAPY SOLUTIONS



Enjoy the best possible quality of life.

The following services are provided:

- Rehabilitation to enable independence.
- Provision of disability equipment.
- Arranging care at home and discharge from hospital.
- Liaison with care providers & advice on quality and cost efficiency of care packages.
- Prevention of falls.
- Assistance in choosing a good quality care home.
- Regular reviews of well - being.
- Coordinating help such as handyman, hospital appointments and day care.
- Accessible building design.
- Attendance Allowance claims.
- Support for care homes.
- Project & management consultancy.

OCCUPATIONAL THERAPY SOLUTIONS

Occupational Therapy Solutions (OTS) works with people who have physical problems as a result of accident, illness or ageing. OTS also works with people who have dementia.

OTS helps people regain independence and improve their safety and confidence. With Occupational Therapy support, people can manage every day activities such as bathing, dressing, managing stairs, making meals.

This is done by advising on specialist equipment such as grab rails and stair lifts, or in more complex situations by supporting someone through a tailor made programme of rehabilitation

During a rehabilitation programme, an Occupational Therapist will work with a person for a period of time to achieve their maximum independence in activities such as walking around the home, using the stairs, moving on/off chairs or the bed going outdoors and shopping.

OTS also prepares people for discharge from hospital by providing therapy, equipment advice and coordinating care packages.

OTS also undertakes assessments and interventions aimed at preventing falls and building confidence.

OTS provides advice on adaptations to the home environment and works with surveyors and builders to ensure facilities such as level access shower rooms and ramps etc are designed to a specification which best meets the needs of the client.

OTS also undertakes regular reviews of well being, provides a range of information and advice and liaises with care providers to ensure the best possible care and support is being provided.

This may include arranging for personal carers and provision of practical support for example: attending appointments, coordinating tradespeople, and help with niggling tasks such as changing light bulbs!

OTS provides services to people living in their own homes, and those living in care homes or sheltered housing. OTS can provide advice and practical assistance to people who are considering a move to a nursing or care home.



OTS arranges cost effective services for people not eligible for social services care.

Health Professions Council Registered Occupational Therapists can help you claim Attendance Allowance (or Disability Living Allowance), which is a tax -free financial benefit for people with physical or mental health problems who need help with personal care.

FEES:

OTS does not charge for basic information and advice over the telephone or via Email, so contact Katharine McKay for a confidential discussion.

Fees are competitive and a quotation will be provided after an initial discussion to ascertain the type of service required.